

10. Sensler Frühlingslauf



zählt zum / compte pour



Der Volkslauf im
Sensebezirk

SWISSRUNNING



Rangliste

Sonntag, 30. April 2023 in Tifers
senslerfruehlingslauf.ch



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Lauf & Athletik Team Sense

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Sa 08.00 – 16.00 durchgehend

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Zusätzlichen danken wir den
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Magnus Zosso, Düringen
Florian Sturny, Tifers
Fam. Marianne u. Martin Zbinden, Tifers
Zbinden Pascal, Tifers



Lauf & Athletik Team Sense

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Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
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Schüler A / Ecoliers A, Jg. 2010+2011 1540 m

1	421	Roze Lucas	2010	Athletic Team Rechthalten	5:22.4	
2	416	Labastrou Luca	2010	AHG cars Tafers	5:26.6	4.2
3	407	Bieri Jakob	2011	TSV Düdingen	5:47.1	24.7
4	422	Zosso Kilian	2010	Athletic Team Rechthalten	6:00.2	37.8
5	417	Labastrou Leny	2011	AHG cars Tafers	6:17.1	54.7
6	408	Salzmann Fabio	2011	TSV Düdingen	6:23.5	1:01.1
7	400	Seil Maximilian	2011	TSV Wünnewil	6:51.7	1:29.3
8	412	Zaugg Sédric	2011	Tv Schwarzenburg	8:49.4	3:27.0

Schülerinnen A / Ecolières A, Jg. 2010+2011 1540 m

1	403	Catucci Franca	2011	STB	5:36.7	
2	415	Maccariello Chloé	2010	CS Le Mouret	5:57.2	20.5
3	406	Salihu Anduela	2010	TSV Düdingen	6:03.6	26.9
4	404	Oberson Lucile	2011	CS Marsens	6:08.4	31.7
5	418	Rappo Noémie	2011	Athletic Team Rechthalten	6:15.5	38.8
6	419	Andrey Lyne	2010	Athletic Team Rechthalten	6:19.4	42.7
7	429	Heimlicher Lisa	2011	Athletic Team Rechthalten	6:23.8	47.1
8	405	Rappo Melia Joy	2011	TSV Düdingen	6:32.3	55.6
9	428	Beyeler Eva	2010	TSV Düdingen	6:33.0	56.3
10	409	Zbinden Joela	2011	TSV Düdingen	6:40.4	1:03.7
11	420	Heimlicher Lydia	2010	Athletic Team Rechthalten	6:45.1	1:08.4
12	401	Spicher Maelle	2011	TSV Wünnewil	6:56.5	1:19.8
13	402	Python Audrey	2010	TSV Wünnewil	6:57.9	1:21.2
14	414	Pidoux Laetitia	2010	Cottens Athlètes	6:58.9	1:22.2
15	427	Rossi Chiara	2010	CS Hauteville	7:02.0	1:25.3
16	423	Oehler Lara	2011	TV Plaffeien	7:57.1	2:20.4
17	411	Rudolf Leni	2011	Tv Schwarzenburg	8:54.0	3:17.3

Schüler B / Ecolières B, Jg. 2012+2013 1540 m

1	536	Melet Noé	2013	SA Bulle	5:31.4	
2	545	Schmutz Joël Santiago	2012	Tafers	5:57.7	26.3
3	503	Zürcher Joel	2012	TSV Wünnewil	5:58.6	27.2
4	509	Mueller-Andrejkovic Lucas	2012	Courtepin	6:09.0	37.6
5	535	Molinari Mattia	2013	Athletic Team Rechthalten	6:10.3	38.9
6	544	Jungo Ennio	2012	TV Tafers	6:16.8	45.4
7	543	Rossi Tobia	2013	CS Hauteville	6:19.8	48.4
8	520	Brechbühl Julian	2012	Tv Schwarzenburg	6:22.5	51.1
9	538	Toscanelli Samuel	2012	CA Marly	6:26.6	55.2
10	512	Brügger Emil	2013	TSV Düdingen	6:32.1	1:00.7
11	524	Dévaud Justin	2013	FC Schmitten	6:33.0	1:01.6
12	540	Stribny Eduard	2013	CA Marly	6:34.4	1:03.0
13	549	Hadgu Yohans	2012	Tafers	6:41.2	1:09.8
14	547	Burri Luis	2013	Düdingen	6:42.6	1:11.2
15	502	Agocs Ethan	2013	Düdingen	6:51.8	1:20.4
16	514	Brühlhart Moritz	2013	TSV Düdingen	6:53.2	1:21.8

**LATense****10. Sensler Frühlingslauf 30. April 2023****Run und Walk/ 4. Lauf FriRun Cup****Klassement des 1 Laufes**

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
17	500	Maridor Liam	2013	Düdingen	6:59.0	1:27.6
18	537	Würgler Dan	2013	Tafers	7:02.1	1:30.7
19	534	Beyeler Jacob	2012	TSV Düdingen	7:15.3	1:43.9
20	513	Buchs Loïc	2012	TSV Düdingen	7:23.6	1:52.2
21	546	Aeby Enea Leon	2013	TSV ST. Antoni	7:39.9	2:08.5

Schülerinnen B / Ecolières B, Jg. 2012+2013 1540 m

1	775	Marques Leonor	2012	Villars-sur-glâne	6:00.0	
2	539	Meyer Aliénor	2013	CA Marly	6:06.2	6.2
3	533	Malesa Nadia Elenora	2013	Athletic Team Rechthalten	6:21.4	21.4
4	541	Despont Marlène	2012	CA Marly	6:25.4	25.4
5	519	Rotzetter Yara	2013	TSV Düdingen	6:33.5	33.5
6	517	Boschung Delia	2012	TSV Düdingen	6:41.7	41.7
7	504	Jungo Amélie	2013	TSV Wünnewil	6:44.2	44.2
8	518	Bieri Ellen	2013	TSV Düdingen	6:46.3	46.3
9	526	Zbinden Valerie	2012	LAT Sense	6:50.2	50.2
10	508	Wild Estelle	2013	TSV Wünnewil	6:52.7	52.7
11	528	Rappo Anik	2012	Athletic Team Rechthalten	6:53.6	53.6
12	530	Rotzetter Lina	2012	Athletic Team Rechthalten	6:54.6	54.6
13	529	Brügger Eline	2012	Athletic Team Rechthalten	6:55.9	55.9
14	523	Schafer Amélie	2013	Giffers	7:02.5	1:02.5
15	542	Janzer Joséphine	2012	Tafers	7:05.4	1:05.4
16	507	Bischof Lucie	2013	TSV Wünnewil	7:05.8	1:05.8
17	506	Zumwald Naomie	2013	TSV Wünnewil	7:13.5	1:13.5
18	527	Waeber Léonie	2012	Granges-Paccot	7:20.1	1:20.1
19	505	Jungo Aliya	2013	TSV Wünnewil	7:24.9	1:24.9
20	521	Rothen Ciara	2013	Tv Schwarzenburg	7:27.4	1:27.4
21	510	Schmidt Juno	2013	TSV Wünnewil	7:42.1	1:42.1
22	548	Yeva Gelezeau	2013	St-Ursen	8:02.1	2:02.1
23	501	Bossart Gwenda	2012	Düdingen	8:07.9	2:07.9
24	522	Sachse Sophia	2013	Tv Schwarzenburg	8:33.1	2:33.1
25	511	de Matos Matilde	2012	Fribourg	8:35.8	2:35.8
26	516	Ruch Laurianne	2013	TSV Düdingen	8:40.6	2:40.6

Schüler C / Ecoliers C, Jg. 2014+2015 1020 m

1	626	Maisse Alexis	2014	CA Marly	4:03.9	
2	622	Rindlisbacher Lenn	2014	TV Plaffeien	4:04.5	0.6
3	629	Jenny Nils	2015	Düdingen	4:04.9	1.0
4	621	Heimlicher Loïc	2014	Athletic Team Rechthalten	4:09.8	5.9
5	628	Berset Théo	2014	Farvagny	4:14.4	10.5
6	635	Lehmann Niklas	2014	Düdingen	4:15.8	11.9
7	630	Janzer Nils	2014	Tafers	4:18.2	14.3
8	604	Seil Benjamin	2014	TSV Wünnewil	4:23.4	19.5
9	602	Bossart Lorenz	2014	Düdingen	4:27.8	23.9
10	617	Corpataux Mattis Luuk	2015	Tafers	4:29.6	25.7
11	607	Bietenharder Leon	2014	STB Leichtathletik	4:32.4	28.5
12	614	Stöckli Olivier	2014	Oberwangen	4:33.3	29.4
13	603	Rime Niel	2014	FC Tafers Sensee Future	4:35.4	31.5


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10. Sensler Frühlingslauf 30. April 2023
Run und Walk/ 4. Lauf FriRun Cup
Klassement des 1 Laufes



Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
14	606	Bossart Jonas	2015	Düdingen	4:36.7	32.8
15	605	Morard Dario	2014	Villars-sur-Glâne	4:37.1	33.2
16	634	Schafer Elia	2014	Giffers	4:37.7	33.8
17	613	Sturny Lars	2015	LAT Sense	4:42.2	38.3
18	615	Sturny Levio	2015	Düdingen	4:51.2	47.3
19	632	Aebischer Fynn	2014	Kerzers	4:51.5	47.6
20	616	Boschung Anjo	2015	Tafers	4:51.9	48.0
21	627	Pierroz Arthur	2014	CA Marly	4:52.3	48.4
22	600	Agocs Elijah	2015	Düdingen	4:53.3	49.4
23	609	Spicher Niklas	2015	Alterswil	5:10.2	1:06.3
24	631	Maillard Dean	2014	Bösingen	5:13.9	1:10.0
25	619	Dévaud Raphaël	2015	Fc Schmitten	5:14.2	1:10.3
26	624	Giller Léandre	2015	Fribourg	5:14.5	1:10.6
27	620	Waeber Noé	2015	Granges-Paccot	5:19.8	1:15.9
28	611	Sauterel Yanic	2015	Tafers	5:22.1	1:18.2
29	608	Stäger Roman	2015	Tafers	5:24.6	1:20.7
30	625	Würgler Timo	2015	Tafers	5:30.9	1:27.0
31	618	Genilloud Elio Andrin	2015	FC Tafers	5:34.4	1:30.5
32	636	Risse Kilian	2014	Heitenried	5:35.6	1:31.7
33	633	Kerschbaumer Leo	2015	Tafers	5:40.3	1:36.4
34	601	Riedo Tayler	2015	Tafers	5:42.4	1:38.5
35	637	Aeby Valentin	2015	Tafers	5:49.9	1:46.0

Schülerinnen C / Ecolières C Jg. 2014+2015 1020m

1	666	Cercamondi Livia	2015	Jugi Ueberstorf	4:28.3	
2	652	Hostettler Lina	2014	Tv Schwarzenburg	4:31.4	3.1
3	640	Maridor Mila	2015	Düdingen	4:37.4	9.1
4	668	Götschmann Gwen	2014	TV Plaffeien	4:38.7	10.4
5	648	Schneuwly Malina	2015	TSV Wünnewil	4:43.5	15.2
6	664	Brügger Magalie	2015	Athletic Team Rechthalten	4:44.5	16.2
7	680	Ulrich Anna	2015	Fribourg	4:45.1	16.8
8	662	Curat Naorah	2014	Athletic Team Rechthalten	4:46.3	18.0
9	658	Rappo Emma	2015	Athletic Team Rechthalten	4:49.6	21.3
10	679	Ordenez Rebeca	2014	Tafers	4:51.5	23.2
11	649	Malesa Daria Antea	2015	TV Alterswil	4:51.9	23.6
12	663	Pürro Ann	2014	Athletic Team Rechthalten	4:52.7	24.4
13	671	Messmer Emilie	2014	CA Marly	4:55.2	26.9
14	675	Blanc Maéva	2014	CS Neirivue	4:56.2	27.9
15	644	Ruch Elina	2015	TSV Bösingen	4:56.7	28.4
16	655	Kaymaz Liya	2014	Tafers	4:57.3	29.0
17	650	Ruch Maelle	2015	TSV Düdingen	4:59.6	31.3
18	651	Abbassy Jamira	2014	Tv Schwarzenburg	5:01.4	33.1
19	673	Waeber Alina	2014	Sportverein Alterswil	5:02.1	33.8
20	642	Villon Emma	2014	Düdingen	5:03.5	35.2
21	672	Ilayda Karabiyik	2014	Tafers	5:04.0	35.7
22	660	Schmutz Lara	2015	Athletic Team Rechthalten	5:09.0	40.7
23	669	Oehler Mia	2014	TV Plaffeien	5:14.7	46.4
24	656	Piller Svenja	2014	Athletic Team Rechthalten	5:15.3	47.0
25	646	Roduit Solène	2014	Tafers	5:16.6	48.3
26	661	Fasel Jasmin	2015	Athletic Team Rechthalten	5:22.8	54.5

**LATense****10. Sensler Frühlingslauf 30. April 2023****Run und Walk/ 4. Lauf FriRun Cup****Klassement des 1 Laufes**

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
27	645	Gremion Olivia	2014	CS Marsens	5:34.9	1:06.6
28	665	Valentini Aurora	2015	Jugi Ueberstorf	5:40.3	1:12.0
29	670	Zurkinden Ella Sophie	2015	TV Plaffeien	5:40.8	1:12.5
30	657	Hubacher Carina	2014	Athletic Team Rechthalten	5:49.6	1:21.3
31	676	Palli Flavia	2014	Fribourg	5:50.5	1:22.2
32	667	Boschung Melina	2014	Tafers	5:54.2	1:25.9
33	681	Berthold Emely	2014	Cordast	6:06.4	1:38.1
34	643	Roschi Jill	2015	Tafers	6:07.7	1:39.4
35	677	Aziz Teli	2014	Fribourg	6:22.9	1:54.6
36	641	Sauterel Milena	2015	Tafers	6:37.3	2:09.0
37	678	Aziz Mirna	2015	Fribourg	6:39.5	2:11.2

Schüler D / Ecoliers D, Jg. 2016+2017 680 m

1	722	Marques Lorenzo	2016	Villars-sur-glâne	2:52.3	
2	702	Bischof Eliah	2016	FC Wünnewil-Flamatt	3:04.5	12.2
3	700	Villon Matteo	2016	Düdingen	3:08.7	16.4
4	721	Penseyres Victor	2016	Sankt Ursen	3:09.2	16.9
5	727	Luleci Alp	2016	tafers	3:23.1	30.8
6	718	Pierroz Noé	2016	CA Marly	3:25.0	32.7
7	710	Kaymaz Yan	2017	Tafers	3:26.3	34.0
8	709	Stöckli Louis	2017	Oberwangen	3:29.0	36.7
9	720	Aebischer Jano	2016	Kerzers	3:30.4	38.1
10	724	Zurkinden Leo	2016	LAT Sense	3:34.1	41.8
11	714	Jungo Jim	2016	TV Plaffeien	3:34.5	42.2
12	713	Krebs Noel	2016	Tafers	3:35.1	42.8
13	707	Boschung Nino	2016	Tafers	3:37.4	45.1
14	711	Aeby Leon	2017	St. Ursen	3:38.0	45.7
15	726	Berthold Kimi	2016	Cordast	3:43.7	51.4
16	719	Piller Fabio	2017	Brünisried	3:44.7	52.4
17	706	de Matos Mathieu	2017	Fribourg	3:46.2	53.9
18	701	Gauderon Henry	2017	Tafers	3:46.7	54.4
19	704	de Buman Damien	2017	Tafers	3:48.6	56.3
20	723	Zbinden Jaron	2017	Ueberstorf	4:00.9	1:08.6
21	712	Gerber Yuri	2017	St. Antoni	4:01.2	1:08.9
22	703	Bossart Lounis	2017	Düdingen	4:13.9	1:21.6
23	725	Hadgu Quds	2016	FC Tafers	5:43.0	2:50.7

Schülerinnen D / Ecolières D, Jg. 2016+2017 680 m

1	762	Brönnimann Elena	2016	Tafers	3:05.8	
2	754	Emmenegger Alexia	2016	STB Leichtathletik	3:08.4	2.6
3	779	Ulrich Lynn	2016		3:09.3	3.5
4	750	Sollberger Lena	2016	Schmiten	3:11.8	6.0
5	763	Hubacher Joelle	2016	Athletic Team Rechthalten	3:13.9	8.1
6	765	Rindlisbacher Anouk	2016	TV Plaffeien	3:15.2	9.4
7	773	Seil Anna	2017	Wünnewil	3:23.3	17.5
8	781	Bouzon Nina	2016	Team BOUZON	3:27.0	21.2
9	772	Penseyres Josephine	2016	Sankt Ursen	3:30.3	24.5
10	760	Brünisholz Damaris	2016	Plasselb	3:31.2	25.4



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10. Sensler Frühlingslauf 30. April 2023

Run und Walk/ 4. Lauf FriRun Cup

Klassement des 1 Laufes



Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
11	769	Waeber Oivia	2016	Sportverein Alterswil	3:32.0	26.2
12	764	Hayoz Laura	2016	Tafers	3:32.4	26.6
13	759	Sturny Julia	2017	LAT Sense	3:32.9	27.1
14	771	Aebischer Ina	2017	Kerzers	3:34.6	28.8
15	766	Messmer Alexa	2016	CA Marly	3:37.9	32.1
16	755	Bteich Scarlet	2016	Plasselb	3:44.3	38.5
17	761	Sturny Elodie	2017	Düdingen	3:47.6	41.8
18	752	Jeckelmann Noelia	2017	Alterswil	3:49.0	43.2
19	768	Maillard Joyce	2017	Bösingen	3:49.9	44.1
20	767	Despont Adrienne	2017	CA Marly	3:50.6	44.8
21	776	Schnarrenberger Sarah	2017	Tafers	3:51.1	45.3
22	778	Gauch Milena	2017	Tafers	3:51.5	45.7
23	777	Kämpf Nora	2017	Plaffeien	3:52.1	46.3
24	757	Morard Florianne	2016	Villars-sur-Glâne	3:54.4	48.6
25	774	Brügger Lou Leanne	2017	Giffers	3:58.4	52.6
26	780	Bouzon Lara	2016	Team BOUZON	3:59.9	54.1
27	770	Santos Lara	2017	Givisiez	4:05.6	59.8
28	756	Bteich Shae	2017	Plasselb	4:52.4	1:46.6

Moskitos Boys Jg. 2018 u. jünger 340m

1	804	Bossart Marlon	2018	Düdingen	1:41.1	
2	835	de Lissa Lucas	2018	Fribourg	1:49.6	8.5
3	807	Fellay Elias	2018	Tafers	1:53.6	12.5
4	810	Fandiño Diego	2018	Grasswil	1:55.9	14.8
5	823	Rolli Dominic	2018	Düdingen	1:56.8	15.7
6	831	Zurkinden Max	2018	LAT Sense	1:58.3	17.2
7	813	Bucher Noel	2018	Giffers	1:58.9	17.8
8	816	Gerber Milo	2019	St. Antoni	2:02.9	21.8
9	800	Agocs Ilan	2019	Düdingen	2:04.8	23.7
10	828	Santos Lucas	2019	Givisiez	2:06.7	25.6
11	820	Schneider Nino	2018	Düdingen	2:09.3	28.2
12	803	Jeckelmann Lino	2019	Alterswil	2:09.7	28.6
13	830	Palli Dimitri	2018	Fribourg	2:16.6	35.5
14	822	Reichenbach Aaron	2018	Tafers	2:18.4	37.3
15	836	Jeckelmann Nik	2019	SC Plasselb	2:19.1	38.0
16	833	Ulrich Basil	2018	Fribourg	2:21.4	40.3
17	811	Oudin Gabriel	2019	Run 4 Malia	2:31.1	50.0
18	825	Fellay Victor	2020	Tafers	2:36.7	55.6
19	808	Aerschmann Jon	2019	Schmitten	2:37.8	56.7
20	832	Gauch Livio	2019	Tafers	2:39.4	58.3
21	814	Flühmann Lauro	2020	Oberschrot	2:42.8	1:01.7
22	806	de Buman Théo	2019	Tafers	2:43.6	1:02.5
23	809	Bettler Elia	2018	Thun	2:47.7	1:06.6
24	805	Morard Nils	2019	Villars-sur-Glâne	2:52.5	1:11.4
25	834	Berthold Mailo	2019	Cordast	2:54.3	1:13.2
26	802	Braun Felix	2019	Düdingen	2:55.2	1:14.1
27	815	Conne Liam	2019	La Tour-de-Peilz	2:57.3	1:16.2
28	829	Koch Richard	2019	Tafers	3:01.3	1:20.2
29	837	De Buman Noah	2019	schmiten	3:05.2	1:24.1
30	818	Eberle Till	2019	Tafers	3:08.1	1:27.0


LATense

10. Sensler Frühlingslauf 30. April 2023
Run und Walk/ 4. Lauf FriRun Cup
Klassement des 1 Laufes



Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
31	817	Marin Noah Andrei	2020	Tafers	3:14.9	1:33.8
32	812	Pidoux Jonas	2020	Cottens Athlètes	3:19.6	1:38.5
33	840	Krummer Andrin	2020	bösingen	3:48.4	2:07.3
34	821	Schneider Mael	2021	Düdingen	3:57.0	2:15.9
35	839	Gindrat Corentin	2021	lat Sense	5:14.7	3:33.6
36	824	Meuwly Aurélien	2021	Lossy	5:38.1	3:57.0
37	826	Pittet Tom	2021	CS Vallée du Flon	5:42.5	4:01.4
38	838	Bossart Elio	2021	Düdingen	5:58.6	4:17.5

Moskitos Girls Jg. 2018 u. jünger 340m

1	919	Penseyres Louise	2018	Sankt Ursen	1:47.2	
2	904	Emmenegger Melina	2018	Bremgarten bei Bern	1:50.6	3.4
3	911	Schwaller Yael	2018	Tafers	1:51.3	4.1
4	929	Schmutz Sophia	2018	Wünnewil	1:51.9	4.7
5	910	Giller Ombeline	2018	Fribourg	1:52.2	5.0
6	909	Pidoux Emilie	2018	Cottens Athlètes	1:52.6	5.4
7	900	Maridor Alia	2018	Düdingen	1:56.2	9.0
8	921	Spicher Amea	2018	Wünnewil	1:58.3	11.1
9	920	Gumy Angéline	2018	Granges-Paccot	2:01.9	14.7
10	916	Brunisholz Angeline	2019	Plasselb	2:17.9	30.7
11	925	Jungo Vanessa	2018	TV Plaffeien	2:23.5	36.3
12	918	Aebischer Nila	2019	Kerzers	2:25.5	38.3
13	903	Baechler Marah	2018	Rechthalten	2:27.6	40.4
14	902	Gauderon Clara	2019	Tafers	2:29.1	41.9
15	914	Schmutz Fiona	2018	Alterswil	2:30.4	43.2
16	912	Meyer Ilona	2019	Heitenried	2:37.4	50.2
17	931	Progin Emmy	2018	Zürich	2:38.4	51.2
18	927	Kämpf Sina	2019	Plaffeien	2:42.9	55.7
19	926	Baechler Lena	2018	tafers	2:45.2	58.0
20	907	Spicher Tabea	2018	Alterswil	3:03.0	1:15.8
21	915	Marthy Elodie	2020	Rechthalten	3:04.8	1:17.6
22	1200	Falk Carla	2020	Freiburg	3:13.0	1:25.8
23	922	Brügger Zélie	2020	Giffers	3:18.0	1:30.8
24	901	Villon Alessia	2020	Düdingen	3:21.6	1:34.4
25	928	Kolly Amina	2020	Tafers	3:26.1	1:38.9
26	924	Geboltsberger Elisa	2020	Düdingen	3:36.5	1:49.3
27	917	Fasel Finja	2019	St. Antoni	3:41.0	1:53.8
28	906	Clément Kaia	2020	Rechthalten	3:50.0	2:02.8
29	908	Bettler Sophie	2020	Thun	4:05.3	2:18.1
30	930	Schmutz Alicia	2020	Tafers	4:10.7	2:23.5
31	905	Roduit Cyrielle	2020	Tafers	4:25.0	2:37.8
32	913	Meuwly Marine	2019	Lossy	4:32.1	2:44.9

Herren mit Beeinträchtigung/ Handicapés hommes open/ libre 680m

1	996	Rezai Morteza	2004	Marly	2:40.2	
2	978	Schürch Mathias	1987	Steffisburg	2:41.3	1.1
3	986	Guillet Thomas	2003	Procap Sport Marly	2:51.8	11.6
4	991	Blanchard Julien	1976	Procap Sport Marly	3:09.9	29.7

**LATense****10. Sensler Frühlingslauf 30. April 2023****Run und Walk/ 4. Lauf FriRun Cup****Klassement des 1 Laufes**

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
5	968	Piller German	1955	Stiftung SSB Tifers	3:56.2	1:16.0
6	977	Andrade da Silva Tiago	2000	Les Buissonnets	4:04.9	1:24.7
7	989	De Oliveira Cerqueira Renato	2010	Procap Sport Marly	4:17.9	1:37.7
8	970	Perler Fabian	1993	Stiftung SSB Tifers	4:32.8	1:52.6
9	969	Greiner Kevin	1997	Stiftung SSB Tifers	4:39.7	1:59.5
10	990	Paroz Lionel	1998	Tavannes	4:41.3	2:01.1
11	960	Gross Julien		La Belle Etoile	5:00.3	2:20.1
12	972	Gauch Bruno	1968	Stiftung SSB Tifers	5:07.1	2:26.9
13	995	Hofer Manfred	1967	Grenchen	6:29.5	3:49.3
14	974	Schafer Alois	1951	Stiftung SSB Tifers	6:39.0	3:58.8
15	971	Krattinger Jonny	1975	Stiftung SSB Tifers	6:53.1	4:12.9
16	985	Trendl Christophe	1978	Les Buissonnets	6:54.1	4:13.9
17	965	Ramvalho Antonio	1979	Les Buissonnets	7:25.5	4:45.3
18	983	Hug Christoph	1984	Delphin runners	7:35.7	4:55.5
19	961	Genoud Philippe		La Belle Etoile	7:43.9	5:03.7
20	973	Jendly Max	1949	Stiftung SSB Tifers	7:50.0	5:09.8
21	984	Rüefli Patrick	1987	Delphin runners	8:19.1	5:38.9

Damen mit Beeinträchtigung / Handicapés dames, offen / libre 680 m

1	987	Menoud Claudine	2008	Procap Sport Marly	4:22.5	
2	994	Studer Ursula	1954	Team Sonnegg	5:37.4	1:14.9
3	993	Affolter Claudine	1969	Team Sonnegg	5:44.7	1:22.2
4	988	Keller Mia	2007	Procap Sport Marly	6:30.2	2:07.7
5	964	Wantz Myriam	1987	Les Buissonnets	6:32.9	2:10.4
6	975	Moser Myriam	1977	Stiftung SSB Tifers	6:49.1	2:26.6
7	979	Siegrist Anita	1961	Delphin runners	6:59.9	2:37.4
8	976	Winzenried Vreni	1952	Stiftung SSB Tifers	7:17.9	2:55.4
9	962	Lanzrein Zoé		La Belle Etoile	7:30.1	3:07.6
10	992	Brand Sonja	1984	Team Sonnegg	7:46.6	3:24.1
11	966	Delavy Laure	1987	Les Buissonnets	7:50.6	3:28.1
12	980	Briggen Christiana	1958	Delphin runners	10:24.8	6:02.3

Männliche Jugend B / Cadets B, Jg. 2008+2009 6,1 km

1	1107	Schaller Nahel Jonas	2008	TSV Wünnewil	24:53.2	
2	1091	Burri Luan	2009	Düdingen	27:14.8	2:21.6

Weibliche Jugend B / Cadettes B, Jg. 2008+2009 6,1 km

1	1058	Jenny Laura	2009	TSV Düdingen	27:10.2	
2	1070	Progin Alodie	2009	CS Marsens	28:13.0	1:02.8
3	1096	Curat Mathilde	2009	cs le Mouret	28:38.6	1:28.4
4	1038	Schuwey Lena	2008	SC Im Fang	29:53.9	2:43.7
5	1069	Cuche Lucia	2008	CA Portugais de Fribourg	32:34.5	5:24.3
6	1015	Goujard Mélusine	2009	Athletic Team Rechthalten	32:53.0	5:42.8
7	1031	Theurel Lisa	2009	Tv Schwarzenburg	39:16.5	12:06.3
8	1032	Weibel Elina	2009	Tv Schwarzenburg	44:38.5	17:28.3

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Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
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Männliche Jugend A / Cadets A, Jg. 2006+2007 6,1 km

1	1060	Hunziker Arnaud	2006	Team duspaquiersports	20:38.2	
2	1102	Schnitzer Tristan	2007	vevey	24:52.0	4:13.8

Weibliche Jugend A / Cadettes A, Jg. 2006+2007 6,1 km

1	1046	Rotzetter Eline	2006	Athletic Team Rechthalten	25:06.3	
2	1001	Pyhton Laurie	2006	TSV Wünnewil	28:37.0	3:30.7
3	1087	Kapeller Gwendoline	2006	CAG Farvagny	29:21.2	4:14.9
4	1022	Oberson Audrey	2007	CS Marsens	31:02.1	5:55.8
5	1094	Currat Elise	2006	cloros team	31:34.1	6:27.8
6	1002	Python Amélie	2007	TSV Wünnewil	33:22.2	8:15.9
7	1039	Magnin Elodie	2006	CS Hauteville	34:27.5	9:21.2
8	1033	Weibel Mara	2007	Tv Schwarzenburg	40:41.6	15:35.3

Junioren / Juniors hommes, Jg. 2004+2005 6,1 km

1	1036	Chofflon Corentin	2004	CAG Farvagny	20:59.3	
2	1077	Shirzay Elias	2005	LAT Sense	22:57.5	1:58.2
3	1008	Strauß Fabian	2004	KSC Strausberg	23:05.8	2:06.5
4	1026	Girardet Luca	2005	Trilogie sport Belfaux	23:17.1	2:17.8
5	1045	Schuwey Leandro	2004	Athletic Team Rechthalten	25:12.0	4:12.7
6	1075	Guillebeau Noël	2004	LAT Sense	27:08.7	6:09.4

Juniorinnen / Juniors femmes, Jg. 2004+2005 6,1 km

1	1047	Huber Anouk	2005	Athletic Team Rechthalten	25:03.0	
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Volkslauf Herren / Populaires hommes Jg. 2003+älter 6,1 km

1	1025	Torche Julien	1999	SA Bulle	20:21.2	
2	1029	Wegmüller Philipp	2001	Tv Schwarzenburg	21:24.8	1:03.6
3	1030	Remund Pascal	1999	Tv Schwarzenburg	21:31.8	1:10.6
4	1111	Huber Erich	1981	LAT Sense	22:23.3	2:02.1
5	1073	Roubaty Quentin	1997	CS Le Mouret	22:35.9	2:14.7
6	1079	Thierrin Xavier	1979	Grolley	23:11.2	2:50.0
7	1043	Siegenthaler Jan	1992	PC Rohrmoos	23:21.0	2:59.8
8	1095	Currat Nicolas	2001	cloros team	24:13.5	3:52.3
9	1056	Jeckelmann Wolfgang	1985	SC Plasselb	25:24.4	5:03.2
10	13	Krummen Thomas	1987	TV Bödingen	25:27.3	5:06.1
11	1085	Schafer Vincent	1991	Pont-La-Ville	25:32.0	5:10.8
12	1071	Maillard Roman	1982	Bödingen	26:43.7	6:22.5
13	1041	Zahno Matthias	1992	PC Rohrmoos	26:50.9	6:29.7
14	1083	Zbinden Patric	1978	Oberschrot	27:46.1	7:24.9
15	1017	Aebischer Roland	1973	St. Antoni	27:46.7	7:25.5
16	1088	Brünisholz Joel	1994	Rechthalten	27:47.8	7:26.6



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Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
17	1064	Mauron Manuel	1983	Sportverein Alterswil	28:02.6	7:41.4
18	89	Burri Bruno	1970	TSV Düringen	28:17.1	7:55.9
19	1037	Buchs Cédric	1980	LAT Sense	28:46.3	8:25.1
20	1062	Raemy Ivo	1973	Sportverein Alterswil	28:52.5	8:31.3
21	1090	Guillebeau Sim	2003	Aegera Giffers	29:06.6	8:45.4
22	1049	Schwartz Marco	1992	PC Rohrmoos	29:29.1	9:07.9
23	1100	Binz Manuel	1996	St-Antoni	30:12.7	9:51.5
24	1080	Ulrich Bruno	1978	Fribourg	30:39.2	10:18.0
25	1067	Jungo Fabian	1971	Tafers	30:40.0	10:18.8
26	1101	Corpataux David	2003	TV Tafers	31:10.8	10:49.6
27	1114	Baud Franck	1970	Fabromont AG	31:52.3	11:31.1
28	1048	Zahno Elmar	1966	TSV Rechthalten	32:20.5	11:59.3
29	1106	Poffet Marco	1986	LAT Sense	32:48.3	12:27.1
30	1050	Sprünglin Lorenz	1974	Courtepin	33:24.6	13:03.4
31	1053	Python Emmanuel	1978	AHG cars Tafers	33:37.4	13:16.2
32	1016	Marti Roger	1966	St. Ursen	33:44.8	13:23.6
33	1110	Stooss Ruedi	1964	Rechthalten	33:50.9	13:29.7
34	1104	Winklehner Thomas	1974	Wolverine	34:22.8	14:01.6
35	1019	Jungo Markus	1972	St. Antoni	35:46.6	15:25.4
36	1103	Schnitzer Klaus	1970	Vevey	38:16.5	17:55.3
37	1066	Philipona Jean-Charles	1972	CS Marsens	38:21.4	18:00.2

Volkslauf Damen / Populaires dames Jg. 2003+älter 6,1 km

1	1081	BOUZON Slavka	1977	TEAM BOUZON	24:40.4	
2	1040	Zahno-Bertschy Ilona	1994	PC Rohrmoos	27:33.0	2:52.6
3	1072	Gremaud Jeanne	1998	CS Le Mouret	28:48.5	4:08.1
4	1099	Fasel Sabine	1996	TSV ST. Antoni	30:06.9	5:26.5
5	1074	Maillard Mirjam	1982	Bösingen	30:15.4	5:35.0
6	1093	Curat Anne	1974	Essert	31:34.5	6:54.1
7	1108	Progin Marielle	1998		32:27.8	7:47.4
8	1082	Krajenbrink Trudy	1082	Fribourg	32:45.1	8:04.7
9	1113	Baud Laetitia	1970	Fabromont AG	33:12.8	8:32.4
10	1042	Zbinden Marion	1984	PC Rohrmoos	33:30.9	8:50.5
11	1059	Rotzetter Rolli Valérie	1984	Düringen	33:56.3	9:15.9
12	1054	Python Christine	1980	AHG cars Tafers	33:58.7	9:18.3
13	1092	Jeckelmann Bettina	1987	St. Antoni	34:06.9	9:26.5
14	1105	Winklehner Anna	1984	STB	34:23.3	9:42.9
15	1034	Pidoux Cynthia	2003	CAG Farvagny	35:06.4	10:26.0
16	1061	D'Agostino Fabienne	1989	Giffers	35:27.8	10:47.4
17	1086	Joye Muriel	1992	Pont-la-Ville	36:07.7	11:27.3
18	1084	Meuwly Céline	1991	lossy	36:08.1	11:27.7
19	1052	Jungo Ornella	1990	PC Rohrmoos	36:24.6	11:44.2
20	1076	Palli Sandra	1980	Fribourg	36:31.5	11:51.1
21	1013	Suskevic Bozena	1983	Fabromont AG	36:40.7	12:00.3
22	1044	Arbellay Nathalie	1979	Schmitten	36:42.6	12:02.2
23	1007	de Matos Denise	1983	Fribourg	37:09.4	12:29.0
24	1097	Risse Lisiane	1997	St. Ursen	37:26.6	12:46.2
25	1023	Kolly Claudia	1993	St. Ursen	37:30.3	12:49.9
26	1065	Philipona Christine	1972	CS Marsens	38:22.0	13:41.6
27	1109	Gusset Anais	2011	CA PortUGAIS FRIBOURG	39:54.0	15:13.6

**LATense**

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Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
28	1051	Seth Ann	1977	Courtepin	40:23.6	15:43.2
29	1027	Schären Lisa	1991	Düdingen	41:44.4	17:04.0
30	1028	Fillistorf Loretta	1988	Giffers	41:48.5	17:08.1
31	1011	Schmalz Bettina	1966	Fabromont AG	41:51.8	17:11.4
32	1014	Hessler Nadine	1979	Fabromont AG	41:52.1	17:11.7

Walking offen / Marché Libre 6,1 km

1	1098	Bossel Jean-Noël	1959	TPF	45:31.4	
2	1006	Habegger Hans	1953	LSV Uetendorf	48:26.1	2:54.7
3	1068	Röthlisberger Walter	1962	rubigenwalk	49:09.4	3:38.0
4	1089	Hauser Bianca	1982	Tafers	49:46.3	4:14.9
5	1004	Annaheim Lothar	1948	Läufer und Walking Gruppe Dere	50:13.9	4:42.5
6	1018	Aebischer Renate	1972	St. Antoni	54:26.0	8:54.6
7	1020	Jungo Lisi	1972	St. Antoni	54:28.4	8:57.0
8	1021	Genilloud-Schaller Eliane	1961	St. Antoni	58:50.8	13:19.4
9	1005	Herren Cornelia	1979	Schmiten	59:05.5	13:34.1
10	1010	Bächler Irene	1970	Fabromont AG	1h03:37.7	18:06.3
11	1012	Götschman Irma	1963	Fabromont AG	1h03:38.1	18:06.7
12	1000	Schnarrenberger Madlen	1955	Walkgruppe Fit	1h04:46.3	19:14.9
13	1003	Poffet Edith	1959	Walkgruppe Fit	1h04:46.8	19:15.4
14	1112	Ruffieux Regula	1964	Tafers	1h04:49.2	19:17.8

Damen F20 / Dames F20 Jg. 1994-2003 12,2 km

1	64	Jungo Céline	1998	Athletic Team Rechthalten	49:51.9	
2	67	Chofflon Salomé	1999	CAG Farvagny	52:16.9	2:25.0
3	200	Rumo Laura	1997	LAT Sense	59:14.2	9:22.3
4	84	Stulz Raphaëla	2003	Alterswil	1h00:23.7	10:31.8
5	33	Arnold Chantal	1996	LAT Sense	1h01:43.2	11:51.3
6	198	Kreienbühl Michèle	1996	Liebefeld	1h02:43.6	12:51.7
7	125	Fleury Justine	1995	CARC Romont	1h03:14.3	13:22.4
8	199	Rey Anaïs	1996	A travers Cugy	1h07:58.7	18:06.8

Damen F30 / Dames F30 Jg. 1984-1993 12,2 km

1	75	Dafflon Caroline	1984	Düdingen	48:52.1	
2	20	Poffet Rachel	1989	LAT Sense	51:11.8	2:19.7
3	168	Pittet Celine	1993	CS Vallée du Flon	53:16.2	4:24.1
4	85	Kolly Elodie	1990	CARC Romont	56:28.6	7:36.5
5	66	Bucher Nadège	1991	CS BROCC	56:29.0	7:36.9
6	191	Hirschi Nathalie	1993	LCA Bern	59:06.5	10:14.4
7	81	Rotzetter Florence	1990	Alterswil FR	1h01:16.8	12:24.7
8	45	Wohlhauser Elodie	1986	CAG Farvagny	1h01:57.9	13:05.8
9	144	Müller Sabine	1986	CA PORTUGAIS FRIBOURG	1h13:30.9	24:38.8

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Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
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Damen F40 / Dames F40 Jg. 1974-1983 12,2 km

1	203	Hulliger Regula	1979	Athletic Team Rechthalten	49:00.8	
2	112	Wagemester Inga	1980	LAT Sense	51:59.9	2:59.1
3	142	Morgado Madalena	1978	CA PORTUGAIS FRIBOURG	53:18.6	4:17.8
4	137	Lecourt Sophie	1983	CA PORTUGAIS FRIBOURG	53:26.1	4:25.3
5	5	Zumwald Judith	1974	LAT Sense	54:17.6	5:16.8
6	188	Simon Christelle	1977	CAG Farvagny	56:38.3	7:37.5
7	155	Bersier Chantal	1977	A Travers Cugy	1h02:37.8	13:37.0
8	166	Raemy Nadia	1979	CSVF	1h04:31.9	15:31.1
9	73	Chassot Sandra	1977	CS Vallée du Flon	1h04:35.8	15:35.0
10	22	Sansonnens Edmée-Angeline	1982	Athletic Team Rechthalten	1h04:37.7	15:36.9
11	165	Deillon Christine	1979	CSVF	1h04:49.6	15:48.8
12	129	Clerc Andrea	1979	CA PORTUGAIS FRIBOURG	1h05:46.6	16:45.8
13	94	Haymoz Claudia	1976	Alterswil	1h06:29.2	17:28.4
14	97	Castella Christelle	1977	SA Bulle	1h12:31.0	23:30.2
15	172	Grand Marion	1974	CAG Farvagny	1h15:49.2	26:48.4

Damen F50 / Dames F50 Jg. 1964-1973 12,2 km

1	103	Hannesen Nafissa	1973	CA Marly	51:51.6	
2	128	Carvalho Conceição	1973	Club Athlétique Portugais Frib	58:26.5	6:34.9
3	132	Da Silva Anabela	1973	CA PORTUGAIS FRIBOURG	58:30.3	6:38.7
4	185	Dorthe Rachel	1970	CARC Romont	1h04:48.4	12:56.8
5	95	Ayer Chantal	1965	CAG Farvagny	1h05:17.7	13:26.1
6	25	Herren Esther	1968	TV Bösinggen	1h06:13.0	14:21.4
7	92	Piller Anita	1971	Alterswil	1h06:48.3	14:56.7
8	147	Porões Adélia	1969	CA PORTUGAIS FRIBOURG	1h07:30.2	15:38.6
9	131	Cuche Christel	1972	CA PORTUGAIS FRIBOURG	1h07:30.6	15:39.0
10	159	Cochard Sarah	1973	CAG Farvagny	1h07:37.0	15:45.4
11	39	Leute Andrea	1970	Überstdorf	1h13:29.5	21:37.9
12	17	Schenker Lilian	1965	Däniken	1h22:23.7	30:32.1

Damen F60 / Dames F60 Jg. 1954-1963 12,2 km

1	173	Sallin Marianne	1963	LAT Sense	58:18.2	
2	90	Waldmeyer Jana	1956	CAG Farvagny	1h01:09.5	2:51.3
3	40	Schmid Anne-Maria	1962	LCA Bärn	1h03:49.6	5:31.4
4	54	Torche Anne - Marie	1961	CAG Farvagny	1h06:01.3	7:43.1

Damen F70 / Dames F70 Jg. 1953+älter 12,2 km

1	107	Gurtner Sonya	1952	Gerbersport SMRUN	59:40.2	
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Herren M20 / Hommes M20 Jg. 1994-2003 12,2 km

1	180	Rotzetter Marc	2000	Athletic Team Rechthalten	40:05.7	
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LATense

10. Sensler Frühlingslauf 30. April 2023

Run und Walk/ 4. Lauf FriRun Cup

Klassement des 1 Laufes



Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
2	10	Philipona Alec	2000	Athletic Team Rechthalten	43:30.1	3:24.4
3	65	Daniel Philipp	1997	Athletic Team Rechthalten	46:05.3	5:59.6
4	157	Freire Paulo	1996	CA PORTUGAIS FRIBOURG	48:20.8	8:15.1
5	207	Shirzay Elias-Matullah	2005	LAT Sense	48:33.8	8:28.1
6	184	Tsadu Tesfom	1994	CARC Romont	48:41.2	8:35.5
7	69	Schneuwly Valentin	1997	LAT Sense	49:18.1	9:12.4
8	51	Probst David	1997	CA PORTUGAIS FRIBOURG	49:36.3	9:30.6
9	44	Trachsel Paul	1999	TSV ST. Antoni	50:05.8	10:00.1
10	6	Rossi Etienne	2003	CS Hauteville	51:28.0	11:22.3
11	194	Käser Yves	1996	TSV St. Antoni	55:35.9	15:30.2
12	18	Rüttimann Nico	2004	Freiburg	58:49.7	18:44.0
13	32	Vauthey Mathieu	1994	LAT Sense	59:52.9	19:47.2
14	126	Bruchez Maxime	1994	Sion	1h00:03.9	19:58.2
15	196	Santos Ricardo	2005	CA PORTUGAIS FRIBOURG	1h02:38.3	22:32.6
16	70	Commijs Bart	1994	Wünnewil	1h02:56.9	22:51.2
17	16	Mule Nicolo	1997	Neuchâtel	1h15:17.1	35:11.4

Herren M30 / Hommes M30 Jg. 1984-1993 12,2 km

1	4	Schouwey Jérémy	1991	CS Broc - Trilogie Sport	39:33.4	
2	2	Berset Pascal	1985	CAG Farvagny/ Trilogie Sport	39:59.2	25.8
3	15	Vogelsang Luca	1991	LAT Sense	40:20.5	47.1
4	192	Schaller Laurent	1990	TSV Düdingen	40:59.6	1:26.2
5	3	Fasel Marco	1993	LAT Sense	42:04.4	2:31.0
6	160	RISER Vincent	1991	CAG Farvagny	44:04.7	4:31.3
7	186	Cardinaux Pierre-Yves	1986	CS Vallée du Flon	45:18.8	5:45.4
8	27	Schild Olivier	1986	LCA Bärn	45:40.1	6:06.7
9	152	Tekeste Bereket	1991	Düdingen	48:38.3	9:04.9
10	46	Seydoux Laurent	1985	FSG Sâles	50:52.3	11:18.9
11	30	Roprax Samuel	1985	LAT Sense	51:33.2	11:59.8
12	116	Beemsterboer Bonno	1987	Bern	52:41.5	13:08.1
13	189	Ardillon Kevin	1986	Heitenried	1h11:36.3	32:02.9
14	47	Herren Christoph	1984	Schmiten	1h18:47.9	39:14.5
15	151	Francey Jérôme	1988	CA Marly	1h19:36.7	40:03.3

Herren M40 / Hommes M40 Jg, 1974-1983 12,2 km

1	8	Girardet David	1979	Trilogie Sport Belfaux	43:24.9	
2	105	Périsset Claude	1981	CA Broyard	43:52.6	27.7
3	11	Brügger Werner	1975	Athletic Team Rechthalten	44:12.1	47.2
4	109	Buchs Sébastien	1982	CARC Romont	44:54.6	1:29.7
5	118	Oudin Nathanaël	1981	CA PORTUGAIS FRIBOURG	45:59.6	2:34.7
6	77	Schorreret Yan	1978	CS Broc	46:28.4	3:03.5
7	141	Morgado Mário	1975	CA PORTUGAIS FRIBOURG	47:03.9	3:39.0
8	121	Jeanbourquin Yves	1978	CAG Farvagny	47:13.9	3:49.0
9	181	Kolly Gérald	1982	ACPM	48:29.4	5:04.5
10	7	Baeriswyl Andreas	1978	Alterswil	48:30.3	5:05.4
11	104	Krebs Peter	1980	Tafers	49:07.3	5:42.4
12	99	Piccand Cédric	1975	CAG Farvagny	49:13.9	5:49.0
13	153	Monteiro Filipe	1974	LAT Sense	49:45.0	6:20.1



LATense

10. Sensler Frühlingslauf 30. April 2023
Run und Walk/ 4. Lauf FriRun Cup
Klassement des 1 Laufes



Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
14	74	Morand Benoit	1978	ACPM Matran	50:03.0	6:38.1
15	167	Vogt Philippe	1980	LAT Sense	50:35.5	7:10.6
16	111	Dousse Philippe	1983	CS Broc	50:44.8	7:19.9
17	42	Fernandes Ferreira Marco António	1983	CS Broc	51:05.9	7:41.0
18	169	Droux Daniel	1979	CS Vallée du Flon	51:56.5	8:31.6
19	158	Bachmann Daniel	1974	Lanzenhäusern	51:59.4	8:34.5
20	1	Lehmann Matthias	1974	Blaskapelle Nord Süd	52:03.1	8:38.2
21	26	Agocs Marc	1974	Düdingen	52:11.9	8:47.0
22	161	Blanc Valentin	1983	Les Elibes	54:04.6	10:39.7
23	201	Chassot Pascal	1981	A Travers Cugy	54:45.8	11:20.9
24	177	Glannaz Olivier	1977	CAG Farvagny	55:09.9	11:45.0
25	71	Bochsler Raphael	1982	Flamatt	55:53.6	12:28.7
26	106	Gerber Thom	1982	St. Antoni	56:37.1	13:12.2
27	93	Primosig Andrea Mario	1977	Lausen	56:41.2	13:16.3
28	83	Pauchard Patrick	1978	AC Murten	56:58.2	13:33.3
29	133	Gomes Fernando	1974	CA PORTUGAIS FRIBOURG	57:43.9	14:19.0
30	122	Conus Xavier	1983	CARC	59:13.1	15:48.2
31	138	Mekonen Solomon	1982	CA PORTUGAIS FRIBOURG	1h01:11.6	17:46.7
32	29	Jones Patrick	1976	Villars-sur-Glâne	1h02:14.7	18:49.8
33	176	Bovet Dany	1980	St. Ursen	1h03:09.0	19:44.1
34	190	Rault-Garenne Philippe	1980	Heitenried	1h09:17.2	25:52.3
35	14	Borghesu Angelo	1976	Freiburg	1h12:01.3	28:36.4

Herren M50 / Hommes M50 Jg, 1964-1973 12,2 km

1	156	Pinela Mario	1969	CA PORTUGAIS FRIBOURG	44:21.1	
2	162	Bigler Denis	1969	AC Murten Trilogie Sport	45:51.6	1:30.5
3	24	Vonlanthen Mario	1971	TSV Rechthalten	46:00.8	1:39.7
4	61	Romanens Pierre	1973	CAG Farvagny	46:04.1	1:43.0
5	58	Pochon Frédéric	1973	CS Hauteville	48:44.1	4:23.0
6	148	Reis Victor	1964	CA PORTUGAIS FRIBOURG	48:58.2	4:37.1
7	115	Mesot Jean-Pierre	1969	CS Vallée du Flon	49:31.5	5:10.4
8	49	Lüthi Oliver	1973	LAT Sense	49:39.8	5:18.7
9	183	Pache Jean-Claude	1965		49:59.5	5:38.4
10	174	Andrey Thomas	1973	LAT Sense	50:04.4	5:43.3
11	146	Porões Benjamim	1966	CA PORTUGAIS FRIBOURG	50:27.1	6:06.0
12	113	Vonlanthen Daniel	1972	CAG Farvagny	50:35.2	6:14.1
13	91	Monney Martial	1969	CAG Farvagny	51:23.9	7:02.8
14	19	Curty Olivier	1972	Murten	51:42.4	7:21.3
15	140	Moreira Sérgio	1965	CA PORTUGAIS FRIBOURG	52:14.5	7:53.4
16	86	Dubey Nicolas	1968	CAG Farvagny	52:22.4	8:01.3
17	130	Costa Albino	1968	CA PORTUGAIS FRIBOURG	55:43.5	11:22.4
18	96	Ayer Serge	1965	CAG Farvagny	55:52.1	11:31.0
19	123	Berger Kurt	1971	Alterswil	57:10.1	12:49.0
20	193	Jörg Martin	1964	LCA Bern	57:38.5	13:17.4
21	187	Gachoud Frédéric	1966	CS Vallée du Flon	58:50.9	14:29.8
22	35	Aeby Patrik	1972	CA Marly	59:07.3	14:46.2
23	204	Robadey Jacques	1967	CA Marly	59:47.2	15:26.1
24	23	Fahrni Bernhard	1972	SV Alterswil	59:57.1	15:36.0
25	68	von der Forst Alexander	1967	CAG Farvagny	1h00:54.1	16:33.0
26	178	Meichtry André	1965	Flamatt	1h01:02.6	16:41.5

**LATense****10. Sensler Frühlingslauf 30. April 2023****Run und Walk/ 4. Lauf FriRun Cup****Klassement des 1 Laufes**

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	Ziel Zeit	Abstand
27	127	Angéloz Henri	1964	Club Athlétique Portugais Frib	1h02:25.9	18:04.8
28	102	Waelti Albert	1969	ACPM Matran	1h02:43.1	18:22.0
29	124	Perritaz Joël	1968	CARC Romont	1h03:20.8	18:59.7
30	43	Roubaty Yves	1966	Ependes FR	1h03:25.3	19:04.2
31	57	Stadler Peter	1966	Düdingen	1h03:54.0	19:32.9
32	134	Gusset Christophe	1973	CA PORTUGAIS FRIBOURG	1h05:38.5	21:17.4
33	163	Guisolan François	1970	ACP MATRAN	1h06:03.4	21:42.3
34	117	Freiburghaus Philippe	1964	ACPM Matran	1h06:10.9	21:49.8
35	170	Rainer Gregor	1970	Fribourg	1h10:22.5	26:01.4
36	175	Nietlispach Pius	1964		1h13:19.1	28:58.0
37	38	Kreienbühl Didier	1967	Ueberstorf	1h13:29.9	29:08.8
38	36	Alleyn Rudy	1965	CA PORTUGAIS FRIBOURG	1h13:49.2	29:28.1

Herren M60 / Hommes M60 Jg. 1954-1963 12,2 km

1	206	Brügger Joseph	1962	LAT Sense	51:58.2	
2	205	Nydegger Beat	1961	Athletic Team Rechthalten	52:36.4	38.2
3	79	Carrillo José Jésus	1957	SAB Bulle	53:23.3	1:25.1
4	110	Geinoz Antoine	1959	CAG Farvagny	56:11.3	4:13.1
5	55	Wyssen Alwin	1962	TSV Rechthalten	56:25.6	4:27.4
6	80	Piccand Gabriel	1954	CAG Farvagny	57:22.6	5:24.4
7	108	Chappuis Michel	1954	CAG Farvagny	58:47.8	6:49.6
8	60	Greca Josef	1957	CAG Farvagny	1h00:58.3	9:00.1
9	41	Lirgg Uli	1956	Cloros Team	1h01:15.5	9:17.3
10	88	BOURGUETOU Alain	1962	Les PACCOTS	1h02:09.6	10:11.4
11	182	Cougil José Louis	1959	Misery	1h02:28.6	10:30.4
12	164	Rickli Eric	1962	Fribourg	1h03:00.1	11:01.9
13	136	Hermann Jean-Michel	1956	CA PORTUGAIS FRIBOURG	1h04:14.8	12:16.6
14	139	Michel Rémy	1957	CA PORTUGAIS FRIBOURG	1h06:19.6	14:21.4
15	87	Bachmann Jean-Bernard	1962	CA Marly	1h06:51.4	14:53.2
16	72	Krattinger Beat	1958	Düdingen	1h06:57.3	14:59.1
17	202	Grandgirard Pierre-André	1963	ATC Cugy	1h08:01.9	16:03.7
18	114	Andrey Jean-Pierre	1959	ACPM Matran	1h08:44.9	16:46.7
19	150	Silva Diamantino	1963	CA PORTUGAIS FRIBOURG	1h11:12.1	19:13.9
20	179	Raemy Bruno	1954	ACP Matran	1h11:48.4	19:50.2
21	100	Schneuwly Armin	1957	Givisiez	1h27:49.9	35:51.7

Herren M70 / Hommes M70 Jg. 1953+älter 12,2 km

1	53	Terreaux Bernard	1952	CAG Farvagny	54:08.6	
2	251	Jenny Peter	1951	LAT Sense	59:04.6	4:56.0
3	50	Cueni Peter	1953	TV Bödingen	1h00:10.0	6:01.4
4	59	Stritt Karl	1950	LAT Sense	1h02:11.1	8:02.5
5	12	Maeder Walter	1951	SMRN	1h03:03.8	8:55.2
6	197	Rossel Jean.Luc	1953	CS Marsens	1h05:25.4	11:16.8
7	76	Frei Thomas	1951	Biberist	1h05:41.0	11:32.4
8	56	Chavaillaz Bernardin	1943	CAG Farvagny	1h11:29.6	17:21.0
9	195	Remy Charles-Henri	1953	CAPF	1h21:30.5	27:21.9
10	145	Petrulli Salvatore	1946	CA PORTUGAIS FRIBOURG	1h33:00.2	38:51.6

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	[Platz] Kat.	Ziel Zeit	Abstand
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Scratch Damen: 12,0 Km

1	75	Dafflon Caroline	1984	Düdingen	(1) F30	48:52.1	
2	203	Hulliger Regula	1979	Athletic Team Rechthalten	(1) F40	49:00.8	8.7
3	64	Jungo Céline	1998	Athletic Team Rechthalten	(1) F20	49:51.9	59.8
4	20	Poffet Rachel	1989	LAT Sense	(2) F30	51:11.8	2:19.7
5	103	Hannesen Nafissa	1973	CA Marly	(1) F50	51:51.6	2:59.5
6	112	Wagemester Inga	1980	LAT Sense	(2) F40	51:59.9	3:07.8
7	67	Chofflon Salomé	1999	CAG Farvagny	(2) F20	52:16.9	3:24.8
8	168	Pittet Celine	1993	CS Vallée du Flon	(3) F30	53:16.2	4:24.1
9	142	Morgado Madalena	1978	CA PORTUGAIS FRIBOURG	(3) F40	53:18.6	4:26.5
10	137	Lecourt Sophie	1983	CA PORTUGAIS FRIBOURG	(4) F40	53:26.1	4:34.0
11	5	Zumwald Judith	1974	LAT Sense	(5) F40	54:17.6	5:25.5
12	85	Kolly Elodie	1990	CARC Romont	(4) F30	56:28.6	7:36.5
13	66	Bucher Nadège	1991	CS BROC	(5) F30	56:29.0	7:36.9
14	188	Simon Christelle	1977	CAG Farvagny	(6) F40	56:38.3	7:46.2
15	173	Sallin Marianne	1963	LAT Sense	(1) F60	58:18.2	9:26.1
16	128	Carvalho Conceição	1973	Club Athlétique Portugais Frib	(2) F50	58:26.5	9:34.4
17	132	Da Silva Anabela	1973	CA PORTUGAIS FRIBOURG	(3) F50	58:30.3	9:38.2
18	191	Hirschi Nathalie	1993	LCA Bern	(6) F30	59:06.5	10:14.4
19	200	Rumo Laura	1997	LAT Sense	(3) F20	59:14.2	10:22.1
20	107	Gurtner Sonya	1952	Gerbersport SMRUN	(1) F70	59:40.2	10:48.1
21	84	Stulz Raphaela	2003	Alterswil	(4) F20	1h00:23.7	11:31.6
22	90	Waldmeyer Jana	1956	CAG Farvagny	(2) F60	1h01:09.5	12:17.4
23	81	Rotzetter Florence	1990	Alterswil FR	(7) F30	1h01:16.8	12:24.7
24	33	Arnold Chantal	1996	LAT Sense	(5) F20	1h01:43.2	12:51.1
25	45	Wohlhauser Elodie	1986	CAG Farvagny	(8) F30	1h01:57.9	13:05.8
26	155	Bersier Chantal	1977	A Travers Cugy	(7) F40	1h02:37.8	13:45.7
27	198	Kreienbühl Michèle	1996	Liebefeld	(6) F20	1h02:43.6	13:51.5
28	125	Fleury Justine	1995	CARC Romont	(7) F20	1h03:14.3	14:22.2
29	40	Schmid Anne-Maria	1962	LCA Bärn	(3) F60	1h03:49.6	14:57.5
30	166	Raemy Nadia	1979	CSVF	(8) F40	1h04:31.9	15:39.8
31	73	Chassot Sandra	1977	CS Vallée du Flon	(9) F40	1h04:35.8	15:43.7
32	22	Sansonnens Edmée-Angeline	1982	Athletic Team Rechthalten	(10) F40	1h04:37.7	15:45.6
33	185	Dorthe Rachel	1970	CARC Romont	(4) F50	1h04:48.4	15:56.3
34	165	Deillon Christine	1979	CSVF	(11) F40	1h04:49.6	15:57.5
35	95	Ayer Chantal	1965	CAG Farvagny	(5) F50	1h05:17.7	16:25.6
36	129	Clerc Andrea	1979	CA PORTUGAIS FRIBOURG	(12) F40	1h05:46.6	16:54.5
37	54	Torche Anne - Marie	1961	CAG Farvagny	(4) F60	1h06:01.3	17:09.2
38	25	Herren Esther	1968	TV Börsingen	(6) F50	1h06:13.0	17:20.9
39	94	Haymoz Claudia	1976	Alterswil	(13) F40	1h06:29.2	17:37.1
40	92	Piller Anita	1971	Alterswil	(7) F50	1h06:48.3	17:56.2
41	147	Porões Adélia	1969	CA PORTUGAIS FRIBOURG	(8) F50	1h07:30.2	18:38.1
42	131	Cuche Christel	1972	CA PORTUGAIS FRIBOURG	(9) F50	1h07:30.6	18:38.5
43	159	Cochard Sarah	1973	CAG Farvagny	(10) F50	1h07:37.0	18:44.9
44	199	Rey Anaïs	1996	A travers Cugy	(8) F20	1h07:58.7	19:06.6
45	97	Castella Christelle	1977	SA Bulle	(14) F40	1h12:31.0	23:38.9
46	39	Leute Andrea	1970	Überstdorf	(11) F50	1h13:29.5	24:37.4
47	144	Müller Sabine	1986	CA PORTUGAIS FRIBOURG	(9) F30	1h13:30.9	24:38.8
48	172	Grand Marion	1974	CAG Farvagny	(15) F40	1h15:49.2	26:57.1
49	17	Schenker Lilian	1965	Däniken	(12) F50	1h22:23.7	33:31.6

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	[Platz]	Kat.	Ziel Zeit	Abstand
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Scratch Herren: 12,0 Km

1	4	Schouwey Jérémy	1991	CS Broc - Trilogie Sport	(1)	M30	39:33.4	
2	2	Berset Pascal	1985	CAG Farvagny/ Trilogie Sport	(2)	M30	39:59.2	25.8
3	180	Rotzetter Marc	2000	Athletic Team Rechthalten	(1)	M20	40:05.7	32.3
4	15	Vogelsang Luca	1991	LAT Sense	(3)	M30	40:20.5	47.1
5	192	Schaller Laurent	1990	TSV Düringen	(4)	M30	40:59.6	1:26.2
6	3	Fasel Marco	1993	LAT Sense	(5)	M30	42:04.4	2:31.0
7	8	Girardet David	1979	Trilogie Sport Belfaux	(1)	M40	43:24.9	3:51.5
8	10	Philipona Alec	2000	Athletic Team Rechthalten	(2)	M20	43:30.1	3:56.7
9	105	Périsset Claude	1981	CA Broyard	(2)	M40	43:52.6	4:19.2
10	160	RISER Vincent	1991	CAG Farvagny	(6)	M30	44:04.7	4:31.3
11	11	Brügger Werner	1975	Athletic Team Rechthalten	(3)	M40	44:12.1	4:38.7
12	156	Pinela Mario	1969	CA PORTUGAIS FRIBOURG	(1)	M50	44:21.1	4:47.7
13	109	Buchs Sébastien	1982	CARC Romont	(4)	M40	44:54.6	5:21.2
14	186	Cardinaux Pierre-Yves	1986	CS Vallée du Flon	(7)	M30	45:18.8	5:45.4
15	27	Schild Olivier	1986	LCA Bärn	(8)	M30	45:40.1	6:06.7
16	162	Bigler Denis	1969	AC Murten Trilogie Sport	(2)	M50	45:51.6	6:18.2
17	118	Oudin Nathanaël	1981	CA PORTUGAIS FRIBOURG	(5)	M40	45:59.6	6:26.2
18	24	Vonlanthen Mario	1971	TSV Rechthalten	(3)	M50	46:00.8	6:27.4
19	61	Romanens Pierre	1973	CAG Farvagny	(4)	M50	46:04.1	6:30.7
20	65	Daniel Philipp	1997	Athletic Team Rechthalten	(3)	M20	46:05.3	6:31.9
21	77	Schorderet Yan	1978	CS Broc	(6)	M40	46:28.4	6:55.0
22	141	Morgado Mário	1975	CA PORTUGAIS FRIBOURG	(7)	M40	47:03.9	7:30.5
23	121	Jeanbourquin Yves	1978	CAG Farvagny	(8)	M40	47:13.9	7:40.5
24	157	Freire Paulo	1996	CA PORTUGAIS FRIBOURG	(4)	M20	48:20.8	8:47.4
25	181	Kolly Gérald	1982	ACPM	(9)	M40	48:29.4	8:56.0
26	7	Baeriswyl Andreas	1978	Alterswil	(10)	M40	48:30.3	8:56.9
27	207	Shirzay Elias-Matullah	2005	LAT Sense	(5)	M20	48:33.8	9:00.4
28	152	Tekeste Bereket	1991	Düringen	(9)	M30	48:38.3	9:04.9
29	184	Tsadu Tesfom	1994	CARC Romont	(6)	M20	48:41.2	9:07.8
30	58	Pochon Frédéric	1973	CS Hauteville	(5)	M50	48:44.1	9:10.7
31	148	Reis Victor	1964	CA PORTUGAIS FRIBOURG	(6)	M50	48:58.2	9:24.8
32	104	Krebs Peter	1980	Tafers	(11)	M40	49:07.3	9:33.9
33	99	Piccand Cédric	1975	CAG Farvagny	(12)	M40	49:13.9	9:40.5
34	69	Schneuwly Valentin	1997	LAT Sense	(7)	M20	49:18.1	9:44.7
35	115	Mesot Jean-Pierre	1969	CS Vallée du Flon	(7)	M50	49:31.5	9:58.1
36	51	Probst David	1997	CA PORTUGAIS FRIBOURG	(8)	M20	49:36.3	10:02.9
37	49	Lüthi Oliver	1973	LAT Sense	(8)	M50	49:39.8	10:06.4
38	153	Monteiro Filipe	1974	LAT Sense	(13)	M40	49:45.0	10:11.6
39	183	Pache Jean-Claude	1965		(9)	M50	49:59.5	10:26.1
40	74	Morand Benoit	1978	ACPM Matran	(14)	M40	50:03.0	10:29.6
41	174	Andrey Thomas	1973	LAT Sense	(10)	M50	50:04.4	10:31.0
42	44	Trachsel Paul	1999	TSV ST. Antoni	(9)	M20	50:05.8	10:32.4
43	146	Porões Benjamim	1966	CA PORTUGAIS FRIBOURG	(11)	M50	50:27.1	10:53.7
44	113	Vonlanthen Daniel	1972	CAG Farvagny	(12)	M50	50:35.2	11:01.8
45	167	Vogt Philippe	1980	LAT Sense	(15)	M40	50:35.5	11:02.1
46	111	Dousse Philippe	1983	CS Broc	(16)	M40	50:44.8	11:11.4
47	46	Seydoux Laurent	1985	FSG Sâles	(10)	M30	50:52.3	11:18.9
48	42	Fernandes Ferreira Marco António	1983	CS Broc	(17)	M40	51:05.9	11:32.5
49	91	Monney Martial	1969	CAG Farvagny	(13)	M50	51:23.9	11:50.5
50	6	Rossi Etienne	2003	CS Hauteville	(10)	M20	51:28.0	11:54.6
51	30	Ropraz Samuel	1985	LAT Sense	(11)	M30	51:33.2	11:59.8

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	[Platz]	Kat.	Ziel Zeit	Abstand
52	19	Curty Olivier	1972	Murten	(14)	M50	51:42.4	12:09.0
53	169	Droux Daniel	1979	CS Vallée du Flon	(18)	M40	51:56.5	12:23.1
54	206	Brügger Joseph	1962	LAT Sense	(1)	M60	51:58.2	12:24.8
55	158	Bachmann Daniel	1974	Lanzenhäusern	(19)	M40	51:59.4	12:26.0
56	1	Lehmann Matthias	1974	Blaskapelle Nord Süd	(20)	M40	52:03.1	12:29.7
57	26	Agocs Marc	1974	Düdingen	(21)	M40	52:11.9	12:38.5
58	140	Moreira Sérgio	1965	CA PORTUGAIS FRIBOURG	(15)	M50	52:14.5	12:41.1
59	86	Dubey Nicolas	1968	CAG Farvagny	(16)	M50	52:22.4	12:49.0
60	205	Nydegger Beat	1961	Athletic Team Rechthalten	(2)	M60	52:36.4	13:03.0
61	116	Beemsterboer Bonno	1987	Bern	(12)	M30	52:41.5	13:08.1
62	79	Carrillo José Jesús	1957	SAB Bulle	(3)	M60	53:23.3	13:49.9
63	161	Blanc Valentin	1983	Les Elibes	(22)	M40	54:04.6	14:31.2
64	53	Terreaux Bernard	1952	CAG Farvagny	(1)	M70	54:08.6	14:35.2
65	201	Chassot Pascal	1981	A Travers Cugy	(23)	M40	54:45.8	15:12.4
66	177	Glannaz Olivier	1977	CAG Farvagny	(24)	M40	55:09.9	15:36.5
67	194	Käser Yves	1996	TSV St. Antoni	(11)	M20	55:35.9	16:02.5
68	130	Costa Albino	1968	CA PORTUGAIS FRIBOURG	(17)	M50	55:43.5	16:10.1
69	96	Ayer Serge	1965	CAG Farvagny	(18)	M50	55:52.1	16:18.7
70	71	Bochsler Raphael	1982	Flamatt	(25)	M40	55:53.6	16:20.2
71	110	Geinoz Antoine	1959	CAG Farvagny	(4)	M60	56:11.3	16:37.9
72	55	Wyssen Alwin	1962	TSV Rechthalten	(5)	M60	56:25.6	16:52.2
73	106	Gerber Thom	1982	St. Antoni	(26)	M40	56:37.1	17:03.7
74	93	Primosig Andrea Mario	1977	Lausen	(27)	M40	56:41.2	17:07.8
75	83	Pauchard Patrick	1978	AC Murten	(28)	M40	56:58.2	17:24.8
76	123	Berger Kurt	1971	Alterswil	(19)	M50	57:10.1	17:36.7
77	80	Piccand Gabriel	1954	CAG Farvagny	(6)	M60	57:22.6	17:49.2
78	193	Jörg Martin	1964	LCA Bern	(20)	M50	57:38.5	18:05.1
79	133	Gomes Fernando	1974	CA PORTUGAIS FRIBOURG	(29)	M40	57:43.9	18:10.5
80	108	Chappuis Michel	1954	CAG Farvagny	(7)	M60	58:47.8	19:14.4
81	18	Rüttimann Nico	2004	Freiburg	(12)	M20	58:49.7	19:16.3
82	187	Gachoud Frédéric	1966	CS Vallée du Flon	(21)	M50	58:50.9	19:17.5
83	251	Jenny Peter	1951	LAT Sense	(2)	M70	59:04.6	19:31.2
84	35	Aeby Patrik	1972	CA Marly	(22)	M50	59:07.3	19:33.9
85	122	Conus Xavier	1983	CARC	(30)	M40	59:13.1	19:39.7
86	204	Robadey Jacques	1967	CA Marly	(23)	M50	59:47.2	20:13.8
87	32	Vauthey Mathieu	1994	LAT Sense	(13)	M20	59:52.9	20:19.5
88	23	Fahrni Bernhard	1972	SV Alterswil	(24)	M50	59:57.1	20:23.7
89	126	Bruchez Maxime	1994	Sion	(14)	M20	1h00:03.9	20:30.5
90	50	Cueni Peter	1953	TV Bösinggen	(3)	M70	1h00:10.0	20:36.6
91	68	von der Forst Alexander	1967	CAG Farvagny	(25)	M50	1h00:54.1	21:20.7
92	60	Greca Josef	1957	CAG Farvagny	(8)	M60	1h00:58.3	21:24.9
93	178	Meichtry André	1965	Flamatt	(26)	M50	1h01:02.6	21:29.2
94	138	Mekonen Solomon	1982	CA PORTUGAIS FRIBOURG	(31)	M40	1h01:11.6	21:38.2
95	41	Lirgg Uli	1956	Cloros Team	(9)	M60	1h01:15.5	21:42.1
96	88	BOURGUETOU Alain	1962	Les PACCOTS	(10)	M60	1h02:09.6	22:36.2
97	59	Stritt Karl	1950	LAT Sense	(4)	M70	1h02:11.1	22:37.7
98	29	Jones Patrick	1976	Villars-sur-Glâne	(32)	M40	1h02:14.7	22:41.3
99	127	Angéloz Henri	1964	Club Athlétique Portugais Frib	(27)	M50	1h02:25.9	22:52.5
100	182	Cougil José Louis	1959	Misery	(11)	M60	1h02:28.6	22:55.2
101	196	Santos Ricardo	2005	CA PORTUGAIS FRIBOURG	(15)	M20	1h02:38.3	23:04.9
102	102	Waelti Albert	1969	ACPM Matran	(28)	M50	1h02:43.1	23:09.7
103	70	Commijs Bart	1994	Wünnewil	(16)	M20	1h02:56.9	23:23.5
104	164	Rickli Eric	1962	Fribourg	(12)	M60	1h03:00.1	23:26.7

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	[Platz]	Kat.	Ziel Zeit	Abstand
105	12	Maeder Walter	1951	SMRN	(5)	M70	1h03:03.8	23:30.4
106	176	Bovet Dany	1980	St. Ursen	(33)	M40	1h03:09.0	23:35.6
107	124	Perritaz Joël	1968	CARC Romont	(29)	M50	1h03:20.8	23:47.4
108	43	Roubaty Yves	1966	Ependes FR	(30)	M50	1h03:25.3	23:51.9
109	57	Stadler Peter	1966	Düdingen	(31)	M50	1h03:54.0	24:20.6
110	136	Hermann Jean-Michel	1956	CA PORTUGAIS FRIBOURG	(13)	M60	1h04:14.8	24:41.4
111	197	Rossel Jean.Luc	1953	CS Marsens	(6)	M70	1h05:25.4	25:52.0
112	134	Gusset Christophe	1973	CA PORTUGAIS FRIBOURG	(32)	M50	1h05:38.5	26:05.1
113	76	Frei Thomas	1951	Biberist	(7)	M70	1h05:41.0	26:07.6
114	163	Guisolan François	1970	ACP MATRAN	(33)	M50	1h06:03.4	26:30.0
115	117	Freiburghaus Philippe	1964	ACPM Matran	(34)	M50	1h06:10.9	26:37.5
116	139	Michel Rémy	1957	CA PORTUGAIS FRIBOURG	(14)	M60	1h06:19.6	26:46.2
117	87	Bachmann Jean-Bernard	1962	CA Marly	(15)	M60	1h06:51.4	27:18.0
118	72	Krattinger Beat	1958	Düdingen	(16)	M60	1h06:57.3	27:23.9
119	202	Grandgirard Pierre-André	1963	ATC Cugy	(17)	M60	1h08:01.9	28:28.5
120	114	Andrey Jean-Pierre	1959	ACPM Matran	(18)	M60	1h08:44.9	29:11.5
121	190	Rault-Garenne Philippe	1980	Heitenried	(34)	M40	1h09:17.2	29:43.8
122	170	Rainer Gregor	1970	Fribourg	(35)	M50	1h10:22.5	30:49.1
123	150	Silva Diamantino	1963	CA PORTUGAIS FRIBOURG	(19)	M60	1h11:12.1	31:38.7
124	56	Chavallaz Bernardin	1943	CAG Farvagny	(8)	M70	1h11:29.6	31:56.2
125	189	Ardillon Kevin	1986	Heitenried	(13)	M30	1h11:36.3	32:02.9
126	179	Raemy Bruno	1954	ACP Matran	(20)	M60	1h11:48.4	32:15.0
127	14	Borghesu Angelo	1976	Freiburg	(35)	M40	1h12:01.3	32:27.9
128	175	Nietlispach Pius	1964		(36)	M50	1h13:19.1	33:45.7
129	38	Kreienbühl Didier	1967	Ueberstorf	(37)	M50	1h13:29.9	33:56.5
130	36	Alleyn Rudy	1965	CA PORTUGAIS FRIBOURG	(38)	M50	1h13:49.2	34:15.8
131	16	Mule Nicolo	1997	Neuchâtel	(17)	M20	1h15:17.1	35:43.7
132	47	Herren Christoph	1984	Schmiten	(14)	M30	1h18:47.9	39:14.5
133	151	Francey Jérôme	1988	CA Marly	(15)	M30	1h19:36.7	40:03.3
134	195	Remy Charles-Henri	1953	CAPF	(9)	M70	1h21:30.5	41:57.1
135	100	Schneuwly Armin	1957	Givisiez	(21)	M60	1h27:49.9	48:16.5
136	145	Petrulli Salvatore	1946	CA PORTUGAIS FRIBOURG	(10)	M70	1h33:00.2	53:26.8

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	[Platz] Kat.	Ziel Zeit	Abstand
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Start : 11 / Damen und Herren 12.2km

1	4	Schouwey Jérémy	1991	CS Broc - Trilogie Sport	(1) M30	39:33.4	
2	2	Berset Pascal	1985	CAG Farvagny/ Trilogie Sport	(2) M30	39:59.2	25.8
3	180	Rotzetter Marc	2000	Athletic Team Rechthalten	(1) M20	40:05.7	32.3
4	15	Vogelsang Luca	1991	LAT Sense	(3) M30	40:20.5	47.1
5	192	Schaller Laurent	1990	TSV Düringen	(4) M30	40:59.6	1:26.2
6	3	Fasel Marco	1993	LAT Sense	(5) M30	42:04.4	2:31.0
7	8	Girardet David	1979	Trilogie Sport Belfaux	(1) M40	43:24.9	3:51.5
8	10	Philipona Alec	2000	Athletic Team Rechthalten	(2) M20	43:30.1	3:56.7
9	105	Périsset Claude	1981	CA Broyard	(2) M40	43:52.6	4:19.2
10	160	RISER Vincent	1991	CAG Farvagny	(6) M30	44:04.7	4:31.3
11	11	Brügger Werner	1975	Athletic Team Rechthalten	(3) M40	44:12.1	4:38.7
12	156	Pinela Mario	1969	CA PORTUGAIS FRIBOURG	(1) M50	44:21.1	4:47.7
13	109	Buchs Sébastien	1982	CARC Romont	(4) M40	44:54.6	5:21.2
14	186	Cardinaux Pierre-Yves	1986	CS Vallée du Flon	(7) M30	45:18.8	5:45.4
15	27	Schild Olivier	1986	LCA Bärn	(8) M30	45:40.1	6:06.7
16	162	Bigler Denis	1969	AC Murten Trilogie Sport	(2) M50	45:51.6	6:18.2
17	118	Oudin Nathanaël	1981	CA PORTUGAIS FRIBOURG	(5) M40	45:59.6	6:26.2
18	24	Vonlanthen Mario	1971	TSV Rechthalten	(3) M50	46:00.8	6:27.4
19	61	Romanens Pierre	1973	CAG Farvagny	(4) M50	46:04.1	6:30.7
20	65	Daniel Philipp	1997	Athletic Team Rechthalten	(3) M20	46:05.3	6:31.9
21	77	Schorderet Yan	1978	CS Broc	(6) M40	46:28.4	6:55.0
22	141	Morgado Mário	1975	CA PORTUGAIS FRIBOURG	(7) M40	47:03.9	7:30.5
23	121	Jeanbourquin Yves	1978	CAG Farvagny	(8) M40	47:13.9	7:40.5
24	157	Freire Paulo	1996	CA PORTUGAIS FRIBOURG	(4) M20	48:20.8	8:47.4
25	181	Kolly Gérald	1982	ACPM	(9) M40	48:29.4	8:56.0
26	7	Baeriswyl Andreas	1978	Alterswil	(10) M40	48:30.3	8:56.9
27	207	Shirzay Elias-Matullah	2005	LAT Sense	(5) M20	48:33.8	9:00.4
28	152	Tekeste Bereket	1991	Düringen	(9) M30	48:38.3	9:04.9
29	184	Tsadu Tesfom	1994	CARC Romont	(6) M20	48:41.2	9:07.8
30	58	Pochon Frédéric	1973	CS Hauteville	(5) M50	48:44.1	9:10.7
31	75	Dafflon Caroline	1984	Düringen	(1) F30	48:52.1	9:18.7
32	148	Reis Victor	1964	CA PORTUGAIS FRIBOURG	(6) M50	48:58.2	9:24.8
33	203	Hulliger Regula	1979	Athletic Team Rechthalten	(1) F40	49:00.8	9:27.4
34	104	Krebs Peter	1980	Tafers	(11) M40	49:07.3	9:33.9
35	99	Piccand Cédric	1975	CAG Farvagny	(12) M40	49:13.9	9:40.5
36	69	Schneuwly Valentin	1997	LAT Sense	(7) M20	49:18.1	9:44.7
37	115	Mesot Jean-Pierre	1969	CS Vallée du Flon	(7) M50	49:31.5	9:58.1
38	51	Probst David	1997	CA PORTUGAIS FRIBOURG	(8) M20	49:36.3	10:02.9
39	49	Lüthi Oliver	1973	LAT Sense	(8) M50	49:39.8	10:06.4
40	153	Monteiro Filipe	1974	LAT Sense	(13) M40	49:45.0	10:11.6
41	64	Jungo Céline	1998	Athletic Team Rechthalten	(1) F20	49:51.9	10:18.5
42	183	Pache Jean-Claude	1965		(9) M50	49:59.5	10:26.1
43	74	Morand Benoit	1978	ACPM Matran	(14) M40	50:03.0	10:29.6
44	174	Andrey Thomas	1973	LAT Sense	(10) M50	50:04.4	10:31.0
45	44	Trachsel Paul	1999	TSV ST. Antoni	(9) M20	50:05.8	10:32.4
46	146	Porões Benjamim	1966	CA PORTUGAIS FRIBOURG	(11) M50	50:27.1	10:53.7
47	113	Vonlanthen Daniel	1972	CAG Farvagny	(12) M50	50:35.2	11:01.8
48	167	Vogt Philippe	1980	LAT Sense	(15) M40	50:35.5	11:02.1
49	111	Dousse Philippe	1983	CS Broc	(16) M40	50:44.8	11:11.4
50	46	Seydoux Laurent	1985	FSG Sâles	(10) M30	50:52.3	11:18.9

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	[Platz]	Kat.	Ziel Zeit	Abstand
51	42	Fernandes Ferreira Marco António	1983	CS Broc	(17)	M40	51:05.9	11:32.5
52	20	Poffet Rachel	1989	LAT Sense	(2)	F30	51:11.8	11:38.4
53	91	Monney Martial	1969	CAG Farvagny	(13)	M50	51:23.9	11:50.5
54	6	Rossi Etienne	2003	CS Hauteville	(10)	M20	51:28.0	11:54.6
55	30	Ropraz Samuel	1985	LAT Sense	(11)	M30	51:33.2	11:59.8
56	19	Curty Olivier	1972	Murten	(14)	M50	51:42.4	12:09.0
57	103	Hannesen Nafissa	1973	CA Marly	(1)	F50	51:51.6	12:18.2
58	169	Droux Daniel	1979	CS Vallée du Flon	(18)	M40	51:56.5	12:23.1
59	206	Brügger Joseph	1962	LAT Sense	(1)	M60	51:58.2	12:24.8
60	158	Bachmann Daniel	1974	Lanzenhäusern	(19)	M40	51:59.4	12:26.0
61	112	Wagemester Inga	1980	LAT Sense	(2)	F40	51:59.9	12:26.5
62	1	Lehmann Matthias	1974	Blaskapelle Nord Süd	(20)	M40	52:03.1	12:29.7
63	26	Agocs Marc	1974	Düdingen	(21)	M40	52:11.9	12:38.5
64	140	Moreira Sérgio	1965	CA PORTUGAIS FRIBOURG	(15)	M50	52:14.5	12:41.1
65	67	Chofflon Salomé	1999	CAG Farvagny	(2)	F20	52:16.9	12:43.5
66	86	Dubey Nicolas	1968	CAG Farvagny	(16)	M50	52:22.4	12:49.0
67	205	Nydegger Beat	1961	Athletic Team Rechthalten	(2)	M60	52:36.4	13:03.0
68	116	Beemsterboer Bonno	1987	Bern	(12)	M30	52:41.5	13:08.1
69	168	Pittet Celine	1993	CS Vallée du Flon	(3)	F30	53:16.2	13:42.8
70	142	Morgado Madalena	1978	CA PORTUGAIS FRIBOURG	(3)	F40	53:18.6	13:45.2
71	79	Carrillo José Jésus	1957	SAB Bulle	(3)	M60	53:23.3	13:49.9
72	137	Lecourt Sophie	1983	CA PORTUGAIS FRIBOURG	(4)	F40	53:26.1	13:52.7
73	161	Blanc Valentin	1983	Les Elibes	(22)	M40	54:04.6	14:31.2
74	53	Terreaux Bernard	1952	CAG Farvagny	(1)	M70	54:08.6	14:35.2
75	5	Zumwald Judith	1974	LAT Sense	(5)	F40	54:17.6	14:44.2
76	201	Chassot Pascal	1981	A Travers Cugy	(23)	M40	54:45.8	15:12.4
77	177	Glannaz Olivier	1977	CAG Farvagny	(24)	M40	55:09.9	15:36.5
78	194	Käser Yves	1996	TSV St. Antoni	(11)	M20	55:35.9	16:02.5
79	130	Costa Albino	1968	CA PORTUGAIS FRIBOURG	(17)	M50	55:43.5	16:10.1
80	96	Ayer Serge	1965	CAG Farvagny	(18)	M50	55:52.1	16:18.7
81	71	Bochsler Raphael	1982	Flamatt	(25)	M40	55:53.6	16:20.2
82	110	Geinoz Antoine	1959	CAG Farvagny	(4)	M60	56:11.3	16:37.9
83	55	Wyssen Alwin	1962	TSV Rechthalten	(5)	M60	56:25.6	16:52.2
84	85	Kolly Elodie	1990	CARC Romont	(4)	F30	56:28.6	16:55.2
85	66	Bucher Nadège	1991	CS BROC	(5)	F30	56:29.0	16:55.6
86	106	Gerber Thom	1982	St. Antoni	(26)	M40	56:37.1	17:03.7
87	188	Simon Christelle	1977	CAG Farvagny	(6)	F40	56:38.3	17:04.9
88	93	Primosig Andrea Mario	1977	Lausen	(27)	M40	56:41.2	17:07.8
89	83	Pauchard Patrick	1978	AC Murten	(28)	M40	56:58.2	17:24.8
90	123	Berger Kurt	1971	Alterswil	(19)	M50	57:10.1	17:36.7
91	80	Piccand Gabriel	1954	CAG Farvagny	(6)	M60	57:22.6	17:49.2
92	193	Jörg Martin	1964	LCA Bern	(20)	M50	57:38.5	18:05.1
93	133	Gomes Fernando	1974	CA PORTUGAIS FRIBOURG	(29)	M40	57:43.9	18:10.5
94	173	Sallin Marianne	1963	LAT Sense	(1)	F60	58:18.2	18:44.8
95	128	Carvalho Conceição	1973	Club Athlétique Portugais Frib	(2)	F50	58:26.5	18:53.1
96	132	Da Silva Anabela	1973	CA PORTUGAIS FRIBOURG	(3)	F50	58:30.3	18:56.9
97	108	Chappuis Michel	1954	CAG Farvagny	(7)	M60	58:47.8	19:14.4
98	18	Rüttimann Nico	2004	Freiburg	(12)	M20	58:49.7	19:16.3
99	187	Gachoud Frédéric	1966	CS Vallée du Flon	(21)	M50	58:50.9	19:17.5
100	251	Jenny Peter	1951	LAT Sense	(2)	M70	59:04.6	19:31.2
101	191	Hirschi Nathalie	1993	LCA Bern	(6)	F30	59:06.5	19:33.1
102	35	Aeby Patrik	1972	CA Marly	(22)	M50	59:07.3	19:33.9
103	122	Conus Xavier	1983	CARC	(30)	M40	59:13.1	19:39.7

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	[Platz]	Kat.	Ziel Zeit	Abstand
104	200	Rumo Laura	1997	LAT Sense	(3)	F20	59:14.2	19:40.8
105	107	Gurtner Sonya	1952	Gerbersport SMRUN	(1)	F70	59:40.2	20:06.8
106	204	Robadey Jacques	1967	CA Marly	(23)	M50	59:47.2	20:13.8
107	32	Vauthey Mathieu	1994	LAT Sense	(13)	M20	59:52.9	20:19.5
108	23	Fahrni Bernhard	1972	SV Alterswil	(24)	M50	59:57.1	20:23.7
109	126	Bruchez Maxime	1994	Sion	(14)	M20	1h00:03.9	20:30.5
110	50	Cueni Peter	1953	TV Bösinggen	(3)	M70	1h00:10.0	20:36.6
111	84	Stulz Raphaela	2003	Alterswil	(4)	F20	1h00:23.7	20:50.3
112	68	von der Forst Alexander	1967	CAG Farvagny	(25)	M50	1h00:54.1	21:20.7
113	60	Greca Josef	1957	CAG Farvagny	(8)	M60	1h00:58.3	21:24.9
114	178	Meichtry André	1965	Flamatt	(26)	M50	1h01:02.6	21:29.2
115	90	Waldmeyer Jana	1956	CAG Farvagny	(2)	F60	1h01:09.5	21:36.1
116	138	Mekonen Solomon	1982	CA PORTUGAIS FRIBOURG	(31)	M40	1h01:11.6	21:38.2
117	41	Lirgg Uli	1956	Cloros Team	(9)	M60	1h01:15.5	21:42.1
118	81	Rotzetter Florence	1990	Alterswil FR	(7)	F30	1h01:16.8	21:43.4
119	33	Arnold Chantal	1996	LAT Sense	(5)	F20	1h01:43.2	22:09.8
120	45	Wohlhauser Elodie	1986	CAG Farvagny	(8)	F30	1h01:57.9	22:24.5
121	88	BOURGUETOU Alain	1962	Les PACCOTS	(10)	M60	1h02:09.6	22:36.2
122	59	Stritt Karl	1950	LAT Sense	(4)	M70	1h02:11.1	22:37.7
123	29	Jones Patrick	1976	Villars-sur-Glâne	(32)	M40	1h02:14.7	22:41.3
124	127	Angéloz Henri	1964	Club Athlétique Portugais Frib	(27)	M50	1h02:25.9	22:52.5
125	182	Cougil José Louis	1959	Misery	(11)	M60	1h02:28.6	22:55.2
126	155	Bersier Chantal	1977	A Travers Cugy	(7)	F40	1h02:37.8	23:04.4
127	196	Santos Ricardo	2005	CA PORTUGAIS FRIBOURG	(15)	M20	1h02:38.3	23:04.9
128	102	Waelti Albert	1969	ACPM Matran	(28)	M50	1h02:43.1	23:09.7
129	198	Kreienbühl Michèle	1996	Liebefeld	(6)	F20	1h02:43.6	23:10.2
130	70	Commijs Bart	1994	Wünnewil	(16)	M20	1h02:56.9	23:23.5
131	164	Rickli Eric	1962	Fribourg	(12)	M60	1h03:00.1	23:26.7
132	12	Maeder Walter	1951	SMRN	(5)	M70	1h03:03.8	23:30.4
133	176	Bovet Dany	1980	St. Ursen	(33)	M40	1h03:09.0	23:35.6
134	125	Fleury Justine	1995	CARC Romont	(7)	F20	1h03:14.3	23:40.9
135	124	Perritaz Joël	1968	CARC Romont	(29)	M50	1h03:20.8	23:47.4
136	43	Roubaty Yves	1966	Ependes FR	(30)	M50	1h03:25.3	23:51.9
137	40	Schmid Anne-Maria	1962	LCA Bärn	(3)	F60	1h03:49.6	24:16.2
138	57	Stadler Peter	1966	Düdingen	(31)	M50	1h03:54.0	24:20.6
139	136	Hermann Jean-Michel	1956	CA PORTUGAIS FRIBOURG	(13)	M60	1h04:14.8	24:41.4
140	166	Raemy Nadia	1979	CSVF	(8)	F40	1h04:31.9	24:58.5
141	73	Chassot Sandra	1977	CS Vallée du Flon	(9)	F40	1h04:35.8	25:02.4
142	22	Sansonnens Edmée-Angeline	1982	Athletic Team Rechthalten	(10)	F40	1h04:37.7	25:04.3
143	185	Dorthe Rachel	1970	CARC Romont	(4)	F50	1h04:48.4	25:15.0
144	165	Deillon Christine	1979	CSVF	(11)	F40	1h04:49.6	25:16.2
145	95	Ayer Chantal	1965	CAG Farvagny	(5)	F50	1h05:17.7	25:44.3
146	197	Rossel Jean.Luc	1953	CS Marsens	(6)	M70	1h05:25.4	25:52.0
147	134	Gusset Christophe	1973	CA PORTUGAIS FRIBOURG	(32)	M50	1h05:38.5	26:05.1
148	76	Frei Thomas	1951	Biberist	(7)	M70	1h05:41.0	26:07.6
149	129	Clerc Andrea	1979	CA PORTUGAIS FRIBOURG	(12)	F40	1h05:46.6	26:13.2
150	54	Torche Anne - Marie	1961	CAG Farvagny	(4)	F60	1h06:01.3	26:27.9
151	163	Guisolan François	1970	ACP MATRAN	(33)	M50	1h06:03.4	26:30.0
152	117	Freiburghaus Philippe	1964	ACPM Matran	(34)	M50	1h06:10.9	26:37.5
153	25	Herren Esther	1968	TV Bösinggen	(6)	F50	1h06:13.0	26:39.6
154	139	Michel Rémy	1957	CA PORTUGAIS FRIBOURG	(14)	M60	1h06:19.6	26:46.2
155	94	Haymoz Claudia	1976	Alterswil	(13)	F40	1h06:29.2	26:55.8
156	92	Piller Anita	1971	Alterswil	(7)	F50	1h06:48.3	27:14.9

Platz	Nr.	Name und Vorname	Jg.	Verein/ Wohnort	[Platz]	Kat.	Ziel Zeit	Abstand
157	87	Bachmann Jean-Bernard	1962	CA Marly	(15)	M60	1h06:51.4	27:18.0
158	72	Krattinger Beat	1958	Düdingen	(16)	M60	1h06:57.3	27:23.9
159	147	Porões Adélia	1969	CA PORTUGAIS FRIBOURG	(8)	F50	1h07:30.2	27:56.8
160	131	Cuche Christel	1972	CA PORTUGAIS FRIBOURG	(9)	F50	1h07:30.6	27:57.2
161	159	Cochard Sarah	1973	CAG Farvagny	(10)	F50	1h07:37.0	28:03.6
162	199	Rey Anaïs	1996	A travers Cugy	(8)	F20	1h07:58.7	28:25.3
163	202	Grandgirard Pierre-André	1963	ATC Cugy	(17)	M60	1h08:01.9	28:28.5
164	114	Andrey Jean-Pierre	1959	ACPM Matran	(18)	M60	1h08:44.9	29:11.5
165	190	Rault-Garenne Philippe	1980	Heitenried	(34)	M40	1h09:17.2	29:43.8
166	170	Rainer Gregor	1970	Fribourg	(35)	M50	1h10:22.5	30:49.1
167	150	Silva Diamantino	1963	CA PORTUGAIS FRIBOURG	(19)	M60	1h11:12.1	31:38.7
168	56	Chavaillaz Bernardin	1943	CAG Farvagny	(8)	M70	1h11:29.6	31:56.2
169	189	Ardillon Kevin	1986	Heitenried	(13)	M30	1h11:36.3	32:02.9
170	179	Raemy Bruno	1954	ACP Matran	(20)	M60	1h11:48.4	32:15.0
171	14	Borghesu Angelo	1976	Freiburg	(35)	M40	1h12:01.3	32:27.9
172	97	Castella Christelle	1977	SA Bulle	(14)	F40	1h12:31.0	32:57.6
173	175	Nietlispach Pius	1964		(36)	M50	1h13:19.1	33:45.7
174	39	Leute Andrea	1970	Überstorf	(11)	F50	1h13:29.5	33:56.1
175	38	Kreienbühl Didier	1967	Ueberstorf	(37)	M50	1h13:29.9	33:56.5
176	144	Müller Sabine	1986	CA PORTUGAIS FRIBOURG	(9)	F30	1h13:30.9	33:57.5
177	36	Alleyn Rudy	1965	CA PORTUGAIS FRIBOURG	(38)	M50	1h13:49.2	34:15.8
178	16	Mule Nicolo	1997	Neuchâtel	(17)	M20	1h15:17.1	35:43.7
179	172	Grand Marion	1974	CAG Farvagny	(15)	F40	1h15:49.2	36:15.8
180	47	Herren Christoph	1984	Schmiten	(14)	M30	1h18:47.9	39:14.5
181	151	Francey Jérôme	1988	CA Marly	(15)	M30	1h19:36.7	40:03.3
182	195	Remy Charles-Henri	1953	CAPF	(9)	M70	1h21:30.5	41:57.1
183	17	Schenker Lilian	1965	Däniken	(12)	F50	1h22:23.7	42:50.3
184	100	Schneuwly Armin	1957	Givisiez	(21)	M60	1h27:49.9	48:16.5
185	145	Petrulli Salvatore	1946	CA PORTUGAIS FRIBOURG	(10)	M70	1h33:00.2	53:26.8